



# Army Basic Training Packing List

## What You Need to Bring

There are several documents you need including extra backup copies.

- High school diploma or equivalent
- College transcripts if any
- Social security card
- State identification
- Bank card
- Marriage license or divorce decree, if any. Also, be sure the extra copies are certified. You can visit your local records office for certified copies but be prepared to pay a small fee.
- Birth certificate – these copies should also be certified.
- Eyeglass prescriptions
- Letter from doctor listing prescriptions because the Army can continue to fill your prescriptions.
- Spouse's information if you have one
- Military orders
- The travel and meal tickets you received the day you reported to ship out to basic training
- Direct deposit form
- Coat or jacket depending on the season
- Two-day supply of clothing
- Comfortable shoes



- Six pairs of ankle socks
- Running shoes
- Shower shoes
- Band for eyeglasses if you wear them
- Eyeglasses

The following items are available for purchase as a bundle set when you arrive for basic training. You may bring these items with you, or you may purchase them as a set.

- Soap dish
- Toothbrush holder
- Combination locks (set of two)
- Cotton swabs
- Wipes
- Nail clippers
- Boot kit
- Neck ID holder
- Toiletries tote bag

The following items are necessary but are also available to purchase on base.

- Toothbrush and paste
- Soap
- Shaving items
- Washcloth



- Shower shoes
- Running shoes – You will have an allowance for the purchase of suitable running shoes. However, if you have your own, you may bring them as long as they meet the expectations of the Army.
- Bras and sports bras
- Underwear
- Socks
- Feminine hygiene items
- Hairbrush or comb
- Shampoo
- Laundry detergent

### ***Female Recruits Need to Bring***

- Three pairs of white, beige, or black underwear
- Three bras also white, beige, or black
- A full slip
- Flesh tone pantyhose
- Feminine hygiene items

### ***Male Recruits Need to Bring***

- Three pairs of white underwear
- Athletic supporter



## Things That You Could Bring

These items are not required but are recommended. Also, these items are available for purchase on base.

- Body and foot powder
- Floss
- Hydration packs depending on seasonal conditions
- Washcloth
- Flashlight
- Batteries
- Watch
- Calling cards
- Stamps
- Writing paper and envelopes



## Things You Should Not Bring

There are several items you must not bring with you to Army basic training.

However, you will have an opportunity to store these things until you graduate.

Also, for questionable items such as drugs and weapons, you will have a chance to turn these items in anonymously without fear of repercussions.

- Friends and family
- Pets
- Vehicles
- Nonprescription drugs
- Razor blades
- Weapons
- Alcohol
- Cards or dice
- Tobacco products
- Personal electronics such as phones, cameras, and smartwatches
- Pornographic materials
- Any batteries other than size D